

# Hayling Island Men's Shed Association

A Charitable Incorporated Organisation (CIO) recognised by the  
Charity Commission, Registered Charity no. 1169439

## HIMSA NEWSLETTER

Issue 5 January 2018



## Hayling Island Men's Shed



### Coastguard Cafe supports the Shed

On the Eastoke late night shopping evening at the end of November we were very pleased to be invited to the Coastguard Cafe, when we were one of three local charities to be presented with a cheque for £400. Our very grateful thanks to the proprietors and to all the customers who have contributed so generously to the cafe's charity collecting box during the year.

The Coastguard Cafe also provided discounted fish and chips for our Disco evening in December, which were much enjoyed.

We have also been selected by Co-op as one of three local charities to share in their Community Fund - see page 4.

### DATES FOR YOUR DIARY

Thur 11 Jan 2 pm Meetings resume at URC

Thur 18 Jan 2 pm Dementia Awareness  
with Dr Carolyn Popham



Supported by...



....and many  
donations  
from members  
and friends...  
Thank you!

## From the Chairman

By the time you read this all the Christmas and New Year festivities will be over. I hope you had an enjoyable and peaceful Christmas.

Well we are now two years old and I can't believe it is 8 months since our last newsletter. Where has the time gone? Sadly, despite our best efforts, we still don't have a home we can call our 'Shed'. Sorry. Let's hope this year we can remedy the situation.

Still, it's not been all doom and gloom as you can see for yourselves in this, another brilliant publication. Thanks Roy.

We may not have built our 'Shed', but we have, through the generosity of others and yourselves, built up our funds during the year. Thank you to all of you who bring in an assortment of prizes for our weekly raffle, then buy tickets to take something different home. When Roy produces the accounts at our AGM in February, you may be surprised just how much you have helped contribute.

It was a wonderful surprise to get a phone call from Jeff and Caroline Clark of the Coastguard Café to say we had been chosen as one of the charities they were donating to from their 'Fish and Wish' appeal fund. We were even more surprised by the amount.

So thank you to them, to the Lions and to many others who have helped and supported us through 2017.

Talking of the AGM, it is the time when you, the members, elect who you would like to run the Shed. Tony and Roy have done a splendid

job in their respective roles as Secretary and Treasurer and I have been ably supported by Tim, Vice Chairman and Ron, Project Manager. Although I haven't asked them, I hope they are willing to stand for re-election and be elected by yourselves to continue their brilliant work.

As for myself, I think it is only fair to let you know that I shall be away, out of the country for ten weeks from 1st May. I'm hoping by then, it will be a very active and productive time establishing our Shed and you may well feel you should have a more hands on, active chairman.

As 2018 begins my final thanks must go to you the Shedders of Hayling Island Men's Shed. To my fellow Trustees and to you the members, thank you for your friendship and continued loyalty. This year must be the year when finally the Hayling Island Men's Shed becomes a living Shed.

May I wish you all a very Happy, Peaceful and Healthy New Year.

**Gerry**



Gerry receives a cheque for HIMSA from Coastguard Cafe, presented by Cllr Leah Turner



## Dementia Awareness

What's the first word you think of when you hear the word 'Dementia' ?

*Dementia friendly Hayling Island* say that's how they start their Dementia Friends info sessions. For a brief hour there's chat, a quick game and even a couple of short stories. Enough to learn a little and empathise a little more.

They're on the way to helping Hayling become Dementia Friendly. 300 plus friends so far, about 17,000 to go...

So then, (no right, no wrong, no judgements), just what is your word?

## Hayling Island



Come to our Shed meeting at the URC on Thursday 18th January at 2pm to find out more!

### 60s/70s Disco

Our last social event of 2017 was another great success. Grateful thanks especially to members Roy Slyfield (whose idea it was, and who was our DJ) and all who helped with the arrangements and catering for around 70 guests).

We were treated to a surprise performance by Shedless 2, a very talented young duo who looked remarkably like Tony George and Roy Slyfield!

The event made an amazing £441 towards our funds!



## Co-op Community Fund



We have been chosen as one of three local recipients to share the proceeds of the Community Fund from the Selmore Road store and also from F A Holland (East Wittering) Funeralcare, until 27 Oct 2018.

Co-op Members need to login and choose HIMSA on the Co-op website; they will then earn 5% for themselves, and 1% goes to our share of the Community Fund, on the following purchases:

- Co-op Food: all Co-op own-brand food, from everyday essentials all the way up to the Irresistible range.
- Co-op Funeralcare: when you pay for a funeral through Co-op, or buy a Co-op Funeral Plan.

During the past year members have been raising funds through a wide variety of different 'little jobs', making items required by local community groups, and car boot and tabletop sales.

Altogether these activities have raised an amazing £750 in 2017, so well done and thank you to those concerned.

We had a stall at the Lions' Donkey Derby, and raised £140 from a tombola and miscellaneous sales.

We regretfully decided that it would not have been cost-effective for us to have been at the Three Churches Fete.

## TWAM

At one of our recent meetings we had a very interesting talk from two local volunteers from

Tools with a Mission (TWAM), about how they collect, sort, refurbish and distribute tools and other items to partner organisations in Africa. We hope that when we have a workshop we may well be able to assist in some way. In the meantime if you have any tools suitable for them, please ring their local contact Harry Wilkinson on 02392 363246, or email [harryw@twam.uk](mailto:harryw@twam.uk).

## Santa's out of the Shed



Seven of us spent an evening with the Hayling Lions' Santa's Sleigh, as we collected in roads around Eastoke. Gerry again made a very convincing Santa, and our collectors raised an impressive £300.01 for the Shed.

We are so grateful to the Lions for giving us this great fund-raising opportunity, and to the local residents for their generosity. Well done, Santa's little helpers!

We know that several of our long-standing members are not so well at the moment.

We do miss you at our meetings, and hope you will be able to get involved again soon. Thank you for your continued support, and do keep in touch!

## HIMSA TRUSTEES

Chairman: Gerry Johnson

Vice Chairman: Tim Norgate

Secretary: Tony George

Treasurer: Roy Cadoux

Project Manager: Ron Harman

Newsletter: Roy Cadoux

Our website: [himsa.co.uk](http://himsa.co.uk)

Contact us: [info@himsa.co.uk](mailto:info@himsa.co.uk)  
07887 800932



## Weekly meetings

We meet on Thursdays at 2pm at South Hayling United Reformed Church small hall. The address is Hollow Lane, PO11 9EY (opposite Sainsburys).

Everyone is welcome to come and have a cuppa and find out what we are up to - but hopefully before too long we will be getting out of the meeting room and doing some actual work in preparation of our shed building.

We are grateful to the URC for continuing to allow us to meet there each week.



**Find us on Facebook:** just search for Hayling Island Mens Shed.

The week after the Disco evening, our Facebook page reached 188 people, had 16 visits, 71 people engaged, and gained 38 page likes!



We again had a stand at the **Older Persons Information Fair** in the Community Centre. Alan Ball shows some of the wood-turning examples he displayed.

Alan Ball was commissioned in the autumn by **Hayling Island Community Centre** to make a mount for the spade that was used to start the work on their new extension. We were grateful to receive a donation from HICCA for Alan's amazing work.



## Table-top Sale

We had lots of help from members when we had a table at an event at the Community Centre. We made £41 and cleared some of our unwanted clutter.

## Curry Evening

We hope to arrange a repeat of last year's very successful meal at the Gandhi Restaurant in Hollow Lane. Last time we raised £320 plus the proceeds of a raffle - can we do even better this time? Keep a lookout for the date, and book your places for a great meal.

We welcome your ideas for other social events through the year.

Dilkusha Court residents gave us a very generous £60 following their quiz in October. Thank you very much!



## Summer Barbeque

With much support from the Lifeboat Inn at Eastoke, we enjoyed a very pleasant barbeque back in the summer, and raised a very useful £175.



- A big welcome to all new members who have joined us in recent months.
- We hope soon to have a new look website - have a look at [www.himsa.co.uk](http://www.himsa.co.uk)
- We now have a donation button on the front page of the website, thanks to BT MyDonate. All donations go to our bank account without deduction. We are hoping some people will 'Sponsor a Plank' for £10.

## Clearance of ground at South Hayling URC

Several members took part in work to clear the site behind the church in the autumn.

We are grateful to Cllr Andy Lenaghan and to **Lift & Shift** for arranging the removal of the rubbish from the site. At the moment the site is nice and clear, and the church has sent its thanks to us..

Before and after.....





Thank you to all who voted for us in 2017 for the Aviva Community Fund. We weren't winners this time, but we have been told that we can expect a 'consolation' award. Our thanks to Aviva, and to Tony George who masterminded our application.

It is good to know that we have such support for our Shed from the wider community.



There are now 423 Sheds open in the UK, including 50 new ones in 2017, with another 102 in development. It is estimated that over 100,000 men benefit directly from Men's Sheds around the country.

*From the UK Men's Sheds Association website [menssheds.org.uk](http://menssheds.org.uk)*

## National URC church leader visit HIMS

From the blog of Rev Kevin Watson, Moderator of General Assembly of the United Reformed Church - October 2017

### The Case of the Missing Shed

Why bother to travel to the south coast of England, indeed beyond the coast, and on to an island to see a shed that isn't there – and in fact a shed that has never been there!? Well, that's what Lynne and I were invited to do during our tour of Wessex, to take a detour to visit our church on Hayling Island.

What we found was a group of men with vision, determination, passion and perseverance.

Members of Hayling Island URC, having recognised that men often find it difficult to talk through their issues, and chat freely with other men, in retirement can easily withdraw into a solitary life. They had heard of the Men's Shed Movement, began researching it, and so, a Men's Shed group was born.

Men's Sheds began in Australia in the 1990s but soon spread to Europe and North America. There are now many in the UK, some connected with local churches. Here is what the organisation says about itself: "At the Shed we learn from each other, mainly about how to do things but also about life. We have benches and tools we never thought we would have. We reuse materials and mend the broken; we make things we are proud of and we learn from each other. We are more active than we were and are engaged with our projects, we have more to talk about, more to contribute and more friends. We are out of the house (not under our partner's feet) and happier than when at home."



This is the positive, supportive group of men we found – a group not made up of just church members, as the project soon attracted men who shared the vision, and were determined to get involved and see a shed built. It would take all their commitment, skills and teamwork to plan and design, consult with the church and council, as well as an amazing ability to promote their project in the community to gain the goodwill of everyone and generate vital funding (raising over £17,000 so far).

Meanwhile, over the past two years, the men have met in the church hall, week by week, offering fellowship and support, developing crafts, growing in numbers (now more than 40 members), and raising their profile in the town.







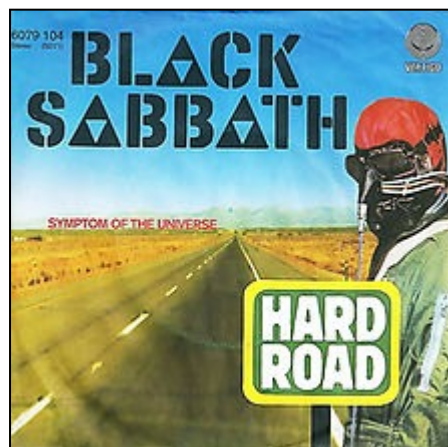
## The Long and Winding Road

The Yardbirds had a song called *Over Under Sideways Down*, and as 2017 rushes towards its end, I feel these are just some of the directions we have been heading in over the course of the past year.

Creating our Men's Shed has been a venture more complex and convoluted than first envisaged, but we are not the only ones to suffer. In my travels to other Sheds and by keeping an eye on the ether I hear about Sheds losing leases, premises being withdrawn and closed, lack of funds and various other little tests that are put before them. All are linked by one thing. A band of men determined to succeed.



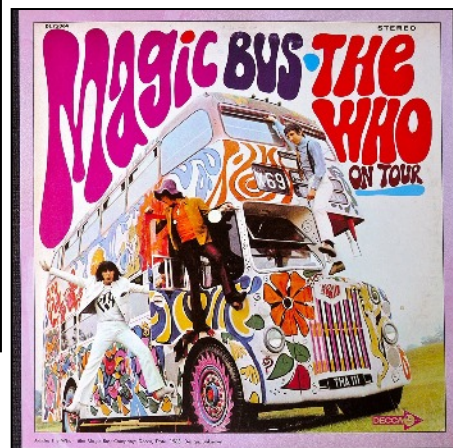
Despite our wobbles we have a strong and reliable core, and a percentage turnout to our meetings that would make many other organisations green with envy. We have success to show in our fundraising, we are forever spreading the knowledge of the Shed movement and have identified a positive need for its existence through the various projects you have all been involved with.



To quote more song titles it's been *A Hard Road* but not quite the *Highway to Hell* and to all of you Passengers on our *Magic Bus*.....I say a hearty thank you.



Tony George  
HIMSA Secretary



## Membership Subscriptions

Unless you joined us late in 2017, subs for 2018 are now due. If you have already set up a standing order, you don't need to do anything. Otherwise please bring or send your contribution (the

suggested amount is £15) by cash or cheque payable to HIMSA, to Roy Cadoux.

If you not already signed up for Gift Aid, please do consider filling in our simple form so we can get an extra 25% from

HMRC. You do need to be an Income Tax payer. Last year this simple measure gave us £99 - can we make it over £100 this year?